

TREATMENTS

for

Pseudofolliculitis Barbae

Commonly known as “RazorBumps”

Hair-releasing procedures

Trapped hairs are a constant source of irritation and are less accessible to any shaving technique.

Do not pluck them out, if possible lift out with toothpick or sterile needle, then use ***Restore ‘n Relieve*** as directed.

Wearing a Beard

This is the best treatment but, some work situations may not allow an individual to wear a beard.

Chemical Depilatories

Long term usage can cause irritation of the skin or even chemical burns. Use isoplus neutralizing shampoo to help prevent skin irritation.

Razor Blade

When a razor blade is used, do not apply a lot of pressure, shave with the grain, shave areas only once, do not pull skin tight. Shave in one direction with the grain.

Electric Shavers

An improvement over a blade - The three headed rotary with a circular motion is best.

Clippers

Ideal, you can shave daily leaving about a 1-mm “stubble” (less noticeable)

Electrolysis

This treatment should be avoided because the curved follicle is difficult to destroy and significant scarring may occur.