

SHAVING TIPS

1. Apply campho-phenique (a counter-irritant) before showering in lukewarm water to soften and hydrate beard and whiskers. This will also reduce irritation if you have very sensitive skin.
2. Gently scrub face and beard with mild soap. (Dove soap recommended by most Dermatologists.)
3. Completely rinse off soap with lukewarm water or use a mild astringent.
4. Use a cotton ball or Q-tip to apply small amount of ***Restore 'n Relieve*** evenly to all affected areas. Before it dries, apply shaving gel or cream and let set for 1 - 2 minutes before shaving.
5. Always shave with the grain and never pull the skin tight with the other hand. One pass with light pressure is recommended.
6. If you nick any bumps reapply a small amount of ***Restore 'n Relieve*** immediately.
7. For long lasting results apply a small amount of ***Restore 'n Relieve*** nightly before bedtime.
8. Always replace natural skin oils with a gel, cream or lotion containing vitamins E, A and D often.
9. It is recommended that you shave “only” every 2 to 3 days.
10. Never use after-shave that has a strong alcohol base.
11. Never use razor more than 3 time unless stored in mineral oil, olive or baby oil. This will prolong the life of the blade.

Thres - Flo LLC

www.restorerelieve.com

Contact: info@restorerelieve.com